



BREAKFAST

THE ST. REGIS • TORONTO



BREAKFAST

THE ST. REGIS • TORONTO

WELLNESS SELECTION

Organic Steel Cut Oatmeal

Apricot, Toasted Almond, Brown Sugar, Warm Milk
(N)
16

Acai Berry Bowl

Housemade Granola, Coconut, Banana,
Blueberry, Strawberry, Raspberry
(V) (N)
23

Protein Granola Bowl

Greek Yogurt, Almond and Coconut Granola,
Fresh Berries, Honey
(N)
17

Continental Breakfast

House Baked Pastries, Seasonal Sliced Fruit,
Fresh Juice, Tea or Brewed Coffee
(D) (G)
24

Avocado Toast

(gluten free available)
Grilled Sourdough, Cherry Tomato, Seasonal Greens
(V)
Add Poached Eggs +6
Add Smoked Salmon +7
24

Seasonal Sliced Fruit

Daily Selection of Fresh Sliced Fruit & Berries
(V)(D)(G)
17

SIDES

9

Country Pork Sausage

Sliced Fruit

Chicken Sausage

Breakfast Potatoes

Smoked Bacon

Smoked Salmon

Peameal Bacon

Sliced Avocado

FAVOURITES

From The Bakery

Daily Selection of Baked French Viennoiserie, Butter, Fruit Compote
(D)(G)
16

French Toast

Fresh Berries, Chantilly Cream, Maple Syrup
(D)(G)
25

Buttermilk Pancakes

Fresh Berries, Chantilly Cream, Maple Syrup
(D)(G)
25

Smoked Salmon Tartine

Olive Oil Toasted Sourdough, Everything Bagel Seasoning, Cream Cheese,
Smoked Salmon, Cucumber, Capers, Green Salad
(D)(G)
27

EGGS & MORE

Canadian Breakfast

Two Eggs Any Style, Breakfast Potatoes, Roasted Tomato, Fresh Fruit
*Choice of: Country Pork Sausage, Chicken Sausage or Bacon, Toast,
Juice, Tea or Brewed Coffee*
(D)(G)
31

Eggs Benedict

(gluten free available)
English Muffin, Free Range Poached Eggs, Baby Potatoes, Hollandaise
Choice of: Smoked Salmon, Peameal Bacon or Truffle Florentine
(DF)(GF)
29

Egg White Omelet

Spinach, Kale, Avocado, Roasted Tomato Sauce, Green Salad
(DF)(GF)
28

Huevos Rancheros

Slow Roasted Tomato Sauce, Corn Tortilla, Free Range Fried Eggs, Feta,
Avocado, Charred Corn Salsa
(D)(GF)
30

Mushroom, Truffle & Brie Omelet

Free Range Eggs, Parmesan Potatoes, Local Mushrooms, Green Salad
(D)(GF)
37

HOT BEVERAGES

Illy Coffee

Espresso/Macchiato 7
Double Espresso/Macchiato 9
Americano 8
Cortado 8
Brewed Coffee 8
Cafe Latte 9
Cappuccino 9
Mocha 9

Sloane Tea | 8

Midnight Blossom - St. Regis Signature
Sencha Classic
Signature Black
Heavenly Cream
Citron Calm
Marrakesh Mint
Jasmine Mint
Earl Grey Classic

WELLNESS BEVERAGE

Four Berry Smoothie | 11

Energize Green Smoothie | 11

Fresh Juice | 10

Orange, Grapefruit or Apple

(VG) - Vegetarian

(V) - Vegan

(GF) - Gluten free

(SF) - Shellfish

(P) - Pork

(N) - Nuts

Parties more than 6 guests will be subject to a service charge of 18%.
To better serve all guests joining us at LOUIX LOUIS, we ask that guests limit the
splitting of checks to 4 ways. Checks may be split evenly or by individual guest.
Splitting of items cannot be accommodated.



LOUIX LOUIS BREAKFAST

\$65

From The Bakery

Assorted French Viennoiserie

FIRST COURSE

Choice of one

Organic Steel Cut Oatmeal (N)

Apricot, Toasted Almond, Brown Sugar, Warm Milk

Protein Granola Bowl (G)

Fresh Berries, Hazelnuts, Cashews. Choice of Milk or Yogurt

Seasonal Sliced Fruit

Daily Selection of Fresh Sliced Fruit & Berries

SECOND COURSE

Choice of one

Canadian Breakfast

Two Eggs any style, Breakfast Potatoes, Fresh Fruit

Choice of: Country Pork Sausage or Chicken Apple Sausage or Bacon, Toast,

Egg White Frittata

Spinach, Mushroom, Goat Cheese, Baby Potatoes & Mixed Greens

Buttermilk Pancakes

Brûlée Banana, Whipped Cream, Maple Syrup

Choice of Coffee or Tea, Fresh Juice