

HEALTHY START

Organic Steel Cut Oatmeal

apricot, almond, brown sugar,
warm milk | 16

Home Made Granola

fresh berries, hazelnuts, cashews, choice of
milk or yogurt | 17

Organic Egg White Omelet

spinach, mushrooms, feta, grilled tomato | 27

Avocado Toast

(gluten free available)

hearty country bread, crumbled feta,
pea shoots | 24
add smoked salmon 7
add poached eggs 5

Coconut Yogurt Parfait Bowl

berry granola, banana, acai berry,
bee pollen | 19

Seasonal Berry Bowl

daily selection of fresh, ripe berries | 15

Sides | 9

country pork sausage, chicken apple sausage,
smoked bacon, peameal bacon

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FAVOURITES

Freshly Baked Pastry Basket

daily selection of 3 breakfast pastries, fruit preserve | 15

Continental Breakfast

chef's selection of pastries, seasonal sliced fruit,
juice, tea or coffee | 28

7oz Prime Rib Breakfast Burger

maple bacon, sunny side up egg, brioche bun | 32

Eggs Benedict

smoked salmon or peameal bacon or creamy spinach,
english muffin, tomato, breakfast potato, poached egg,
hollandaise | 26

Canadian Breakfast

two eggs any style, breakfast potatoes, grilled tomato
country pork sausage or chicken apple sausage or smoked
bacon, toast, juice, tea or coffee | 32

Buttermilk Pancakes

house made berry compote, maple syrup, whipped cream | 23

Waffles

strawberries, maple syrup, whipped cream | 23

French Toast

brioche, toasted oats, hazelnuts, cashews, house made berry
compote | 23

Seasonal Sliced Fruit

market fresh fruit platter | 16

BEVERAGES

SMOOTHIES | 12

Four Berry

JUICES | 8

Orange, Grapefruit, Apple,
Cranberry

HOT BEVERAGES

Brewed Coffee | 5

Espresso | 5

Double Espresso | 7

Americano | 5

Cappuccino | 7

Latte | 7

LOOSE LEAF TEAS | 7

Black:

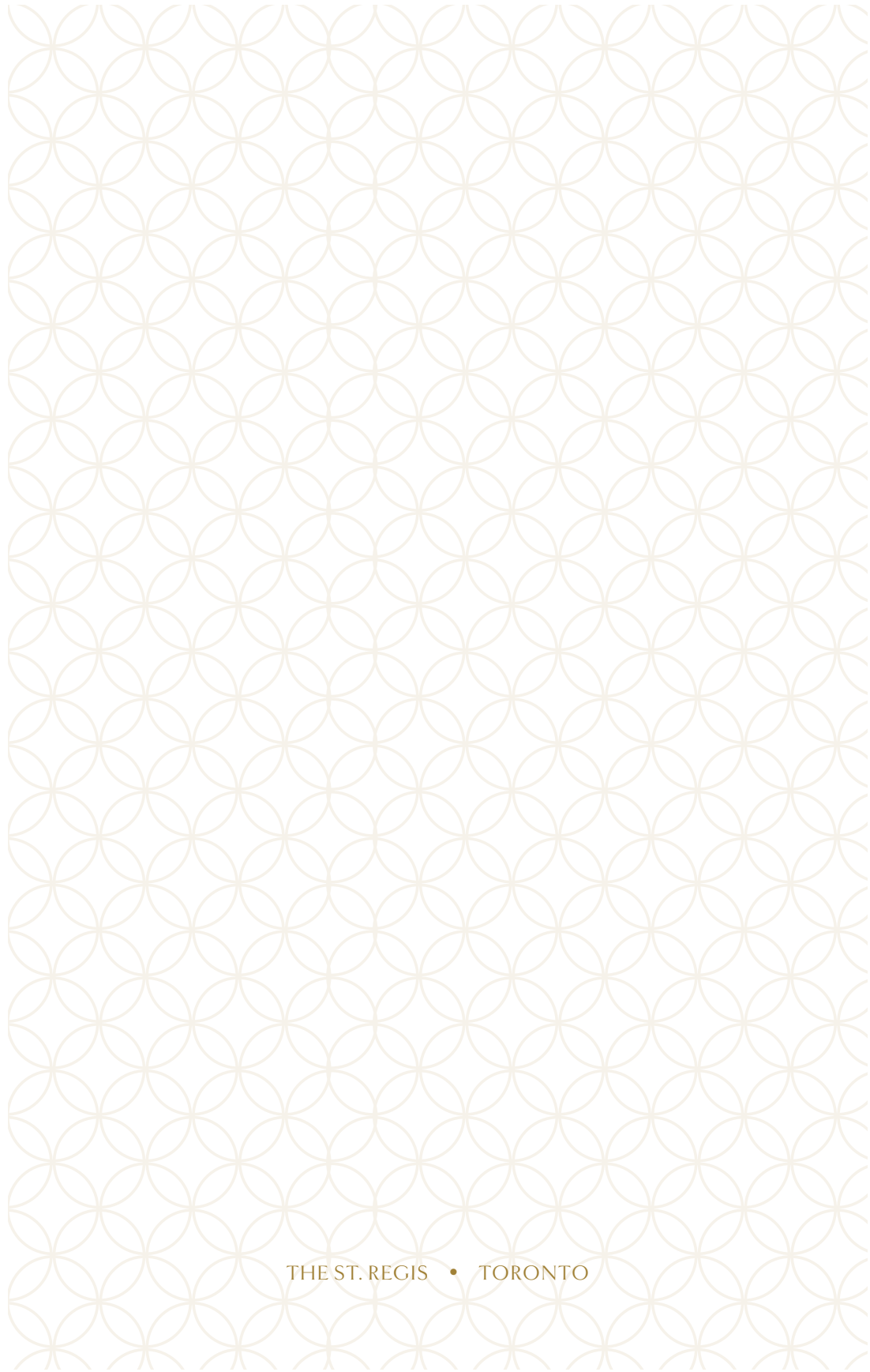
Signature Black, Heavenly Cream, Earl
Grey Classic

Green & Herbal:

Citron Calm, Sencha Classic,
Jasmine Snow Dragon, Marrakesh Mint

St. Regis Signature Tisane:

Midnight Blossom



BREAKFAST

THE ST. REGIS • TORONTO