



BREAKFAST

THE ST. REGIS • TORONTO

HEALTHY START

Organic Steel Cut Oatmeal (N)

Apricot, Toasted Almond, Brown Sugar, Warm Milk | 15

Coconut Yogurt Parfait Bowl (V)(GF)

Acai Berry, Granola, Banana, Fresh Berries, Bee Pollen | 16

Home Made Granola (GF)(N)

Fresh Berries, Hazelnuts, Cashews. Choice of Milk or Yogurt | 15

Continental Breakfast (G)(N)

Chef's Selection of Pastries, Seasonal Sliced Fruit,
Fresh Juice, Tea or Coffee | 24

Avocado Toast

(gluten free available)

Country Bread, Cherry Tomato, Pickled Onions &
Local Green Salad | 24

add poached eggs 5

add smoked salmon 7

Seasonal Sliced Fruit

Daily Selection of Fresh Sliced Fruit & Berries | 16

SIDES

Country Pork Sausage (P)

Sliced Fruit

Chicken Apple Sausage

Breakfast Potatoes

Smoked Bacon (P)

Smoked Salmon

Peameal Bacon (P)

Sliced Avocado

Seasonal Berries

FAVOURITES

Freshly Baked Pastry Basket ^{(G)(N)}

Fresh Daily Selection of Baked Pastries, Butter & Fruit Compote | 15

French Toast ^(G)

Fresh Berries, Cinnamon Sugar, Whipped Cream, Maple Syrup | 25

Buttermilk Pancakes ^(G)

Brûlée Banana, Whipped Cream, Maple Syrup | 25

LL Lox Bagel ^(G)

Smoked Salmon, Capers, Pickled Onions, Herbed Cream Cheese,
Cucumbers & House Salad | 27

EGGS & MORE

Canadian Breakfast

Two Eggs Any Style, Breakfast Potatoes, Fresh Fruit
Choice of: Country Pork Sausage or Chicken Apple Sausage or Bacon,
Toast, Juice, Tea or Brewed Coffee | 31

Eggs Benedict

(gluten free available)

English Muffin, Poached Free Range Eggs, Hollandaise Sauce
Choice of: Smoked Salmon or Peameal Bacon | 29 Creamy Spinach | 27

Egg White Frittata

Spinach, Mushroom, Goat Cheese, Baby Potatoes & Mixed Greens | 26

Eggs a la Tomato

Slow Roasted Tomato Sauce, Free Range Eggs, Feta, Avocado,
Grilled Sourdough | 30

Truffle & Brie Omelet

Free Range Eggs, Chives, Parmesan Potatoes | 39

HOT BEVERAGES

Coffee

Espresso/ Macchiato 7
Double Espresso/ Macchiato 9
Americano 8
Cortado 8
Brewed Coffee 8
Cafe Latte 9
Cappuccino 9
Mocha 9

Sloane Tea | 8

Midnight Blossom - St. Regis Signature
Sencha Classic
Signature Black
Heavenly Cream
Citron Calm
Marrakesh Mint
Jasmine Mint
Earl Grey Classic

HEALTHY BEVERAGES

Four Berry Smoothie | 11
Energize Green Smoothie | 11

Fresh Juice | 10
Orange, Grapefruit or Apple

(VG) - Vegetarian
(G) - Gluten
(P) - Pork
(V) - Vegan
(SF) - Shellfish
(N) - Nuts

Parties more than 6 guests will be subject to a service charge of 18%.
To better serve all guests joining us at LOUIX LOUIS, we ask that guests limit the
splitting of checks to 4 ways. Checks may be split evenly or by individual guest.
Splitting of items cannot be accommodated.