

## HEALTHY START

### Organic Steel Cut Oatmeal

apricot, almond, brown sugar,  
warm milk | 15

### Home Made Granola

fresh berries, hazelnuts, cashews, choice of  
milk or yogurt | 17

### Organic Egg White Omelette

spinach, mushrooms, feta, grilled tomato | 24

### Avocado Toast

*(gluten free available)*

hearty country bread, crumbled feta,  
pea shoots | 22  
add smoked salmon 7  
add poached eggs 5

### Coconut Yogurt Parfait Bowl

berry granola, banana, acai berry,  
bee pollen | 19

### Four Berry Smoothie | 12

### Sides | 9

country pork sausage, chicken apple sausage,  
smoked bacon, peameal bacon, seasonal berry bowl

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## FAVOURITES

### Freshly Baked Pastry Basket

daily selection of 3 breakfast pastries, fruit preserve | 12

### Continental Breakfast

chef's selection of pastries, seasonal sliced fruit,  
juice, tea or coffee | 28

### 7oz Prime Rib Breakfast Burger

maple bacon, sunny side up egg, brioche bun | 29

### Eggs Benedict

smoked salmon or peameal bacon or creamy spinach,  
english muffin, tomato, breakfast potato, poached egg,  
hollandaise | 25

### Canadian Breakfast

two eggs any style, breakfast potatoes, grilled tomato  
country pork sausage or chicken apple sausage or smoked  
bacon, toast, juice, tea or coffee | 32

### Buttermilk Pancakes

house made berry compote, maple syrup, whipped cream | 20

### Waffles

strawberries, maple syrup, whipped cream | 22

### French Toast

brioche, toasted oats, hazelnuts, cashews, house made berry  
compote | 20

### Seasonal Sliced Fruit

market fresh fruit platter | 14

## BEVERAGES

### SMOOTHIES | 12

Four Berry

### JUICES | 8

Orange, Grapefruit, Apple,  
Cranberry

### HOT BEVERAGES

Brewed Coffee | 5

Espresso | 5

Double Espresso | 7

Americano | 5

Cappuccino | 7

Latte | 7

### LOOSE LEAF TEAS | 7

#### Black:

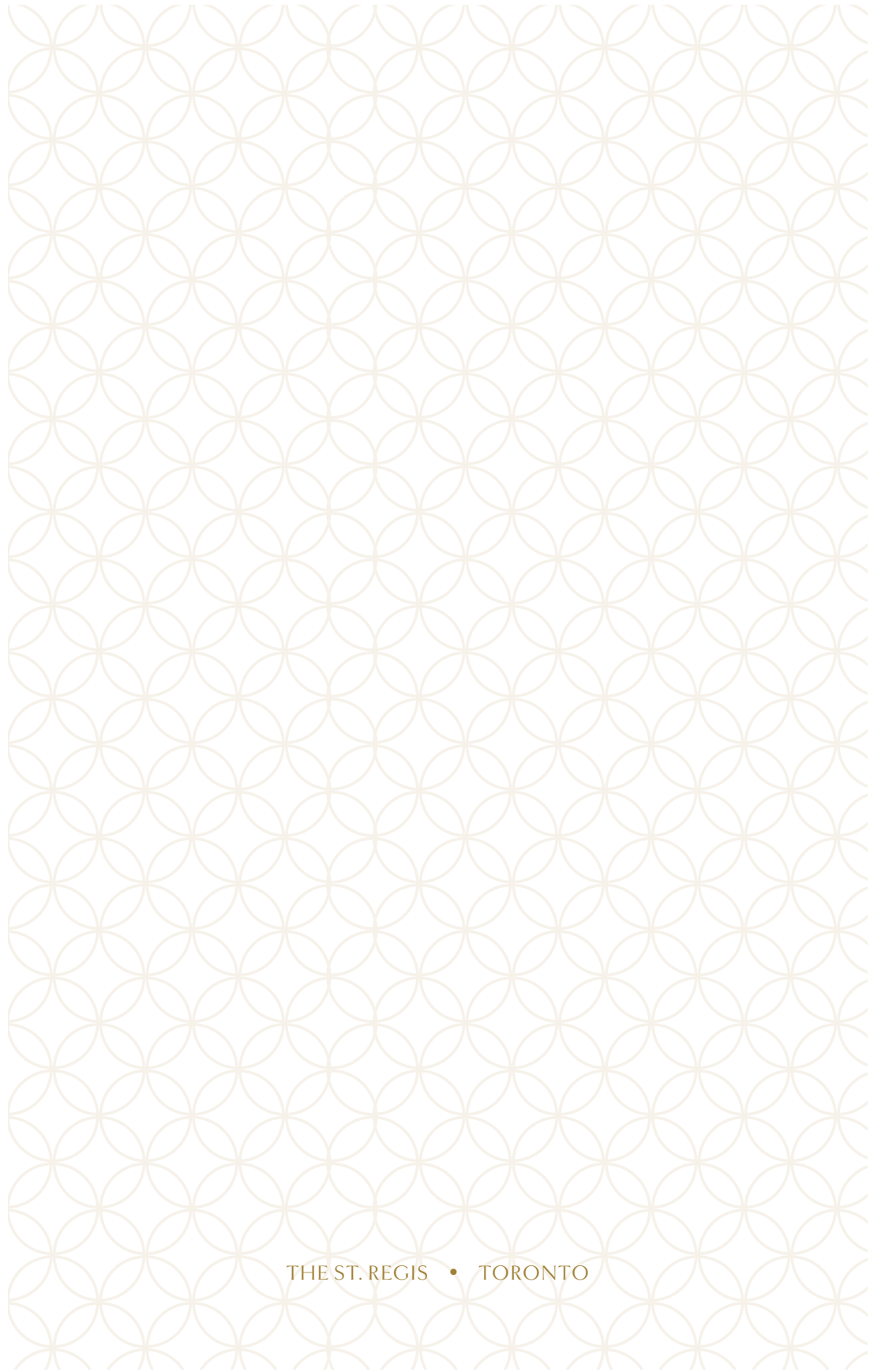
Signature Black, Heavenly Cream, Earl  
Grey Classic

#### Green & Herbal:

Citron Calm, Sencha Classic,  
Jasmine Snow Dragon, Marrakesh Mint

#### St. Regis Signature Tisane:

Midnight Blossom



**BREAKFAST**

THE ST. REGIS • TORONTO