



HEALTHY START

Organic Steel Cut Oatmeal

toasted nuts, banana, brown sugar,
warm milk | 14

Home Made Granola

toasted dried fruit and nuts, choice of milk
or yogurt | 12

Vegan Bircher Muesli

coconut milk, candied apricot, oat,
chia seed | 12

Açai Berry Bowl

house made granola, coconut, banana,
blueberries, strawberries | 14

Smoked Salmon Avocado Toast

(gluten free available)

fried egg, honey bread, tomato vinaigrette | 18

FAVOURITES

Freshly Baked Pastry Basket

daily selection, homemade jam | 10

Continental Breakfast

assorted pastries, sliced fruit, choice of juice,
choice of tea or coffee | 22

Egg White Omelette

smoked tomato compote, wilted spinach, wild
mushrooms | 22

Smoked Salmon Bagel

heirloom tomato, pickled cucumber, capers, cream
cheese | 21

Eggs Benedict

*choice of: smoked salmon, peameal bacon,
creamy spinach*

english muffin, grilled tomato, poached egg,
hollandaise | 24

Canadian Breakfast

two eggs any style, breakfast potato, choice of
country pork sausage or smoked bacon, choice of toast,
choice of juice, choice of tea or coffee | 32

Buttermilk Pancake

(gluten free available)

bourbon caramelized ontario apple | 18

SIGNATURES

Croque Madame

black forest ham, quebec gruyère, creamy cheese
sauce, poached egg | 18

Pastrami Hash Skillet

sweet potato, 63-degree egg,
bbq hollandaise | 21

Brioche French Toast

whipped mascarpone, blueberries, toasted
almond | 18

SIDES

Fruits & Berries | 9

Peameal Bacon | 6

Chicken Sausage | 6

Country Sausage | 6

Sliced Avocado | 7

Cottage Cheese | 6

BEVERAGES

SMOOTHIES | 12

Four Berry
Mango, Banana, Orange, Spinach
Kale, Apple, Passionfruit

JUICES | 8

Orange | Grapefruit
Apple | Cranberry

HOT BEVERAGES

Brewed Coffee | 5
Espresso | 5
Double Espresso | 7
Americano | 5
Cappuccino | 7
Latte | 7

LOOSE LEAF TEAS | 7

Black:
Signature Black, Heavenly Cream,
Earl Grey Classic

Green & Herbal:
Citron Calm, Sencha Classic,
Jasmine Snow Dragon, Marrakesh Mint

St. Regis Signature Tisane:
Midnight Blossom

BREAKFAST